



One
Day

Trauma-informed Care and Practice in Institutional Settings

This training, informed by current research, delineates the prevalence, dynamics and impacts of institutional child sexual abuse, and promotes understanding of survivor coping strategies and their intersection with institutional dynamics. It also workshops the principles of trauma-informed practice using diverse case scenarios and provides institutional personnel with the insight and tools needed to facilitate positive engagement and minimize the risks of re-traumatisation.

People with histories of past and present trauma are especially vulnerable to de-stabilization and re-traumatisation when interactions or processes replicate elements of their abuse and/or are not trauma-informed.

Therefore, it is essential to the wellbeing of people engaging with institutional services that the services, policies, practices, programs and all personnel are trauma-informed.

By participating in this professional development training, participants will:

Utilise knowledge of the prevalence and impacts of the complex trauma of institutional child sexual abuse to articulate the benefits of trauma-informed institutions

Analyse the stress response and survivor coping strategies to better understand the challenges clients affected by institutional abuse experience in regulating their emotions and arousal

Demonstrate knowledge of the principles and importance of trauma-informed practice in institutions in the context of institutional dynamics

Apply the five trauma-informed principles to individual and organisational practices

Who should attend?

All personnel working within any institution, in any capacity.