



TAMIL COMMUNITY ENGAGEMENT PROJECT

The project is known as CALD Community Engagement Project and is a part of the Embrace Multicultural Mental Health Strategy which has 4 phases. The component for which Anglicare is funded covers Phases 2 and 3.

The purpose of Anglicare's project is to work closely with the Tamil community in Sydney to identify and co-design solutions addressing the mental health issues affecting them.

Initially the project will engage and consult with the Tamil community in Sydney, including community leaders and organisations to identify key mental health issues within the community. This will occur through the establishment of a Project Working Group consisting of key Provider personnel, local selected community organisations, representatives of the Tamil community in Sydney and Mental Health Australia/Embrace Project staff/representatives as necessary who will assist in developing a Community Engagement plan using resources from the provided Toolkit (developed in Phase 1). This Plan is to be submitted by 15th February.

This will be followed by the development and implementation of solutions/resources/ initiatives to address identified issues in a co-design process with the community and will include community members, leaders, faith leaders, organisations and Tamil bilingual workers. Also included will be Embrace Project staff, Stakeholder Group and Lived Experience Group and other stakeholders throughout the project.

Strategies will be utilised such as community meetings, discussions with community workers, focus groups with different age groups (eg youth, parents, and older people), interviews, surveys and any relevant means to engage and involve the community. Co-design is an integral part of the Project.

The funding body intends that resources will be developed and delivered as part of the activities and outcomes of the Implementation and Action Plan.

It is planned to recruit a Tamil worker for 2-3 days per week for approximately 10 months. The project is due to be completed by late November 2024.