



blue knot
foundation

National Centre of Excellence
for Complex Trauma

Support for Redress Application

Blue Knot Foundation provided support for people who were sexually abused as children (under 18) in an Australian institution throughout the 5 years of the Royal Commission into Institutional Responses to Child Sexual Abuse.

Since the commencement of the National Redress Scheme on July 1st, 2018 we have been providing support for people who were sexually abused within Australian institutions who are considering or applying to the Scheme.

Blue Knot has received funding to support people who are enquiring about the Redress Scheme or who would like to apply for Redress and be supported throughout the process.

THIS SUPPORT IS ALWAYS DRIVEN BY THE NEEDS OF SURVIVORS BUT CAN INCLUDE THE FOLLOWING:

- Information about the National Redress Scheme and the institutions that are participating
- Warm referral to face-to-face supports (if available)
- Support in completing the application form (via telephone or video conferencing)
- Short term counselling, case work and support while waiting for the application to be processed
- Support when receiving the final offer
- Linkages with long-term supports
- Follow up

BLUE KNOT IS ALSO FUNDED TO SUPPORT GENERALIST OR TRAUMA SPECIALIST WORKERS OR SERVICES BY:

- Providing information about the National Redress Scheme
- Mentoring and coaching around best practice for working with people impacted by complex childhood trauma
- Engaging in a shared process between a worker and Blue Knot Foundation's trauma counsellor/s in supporting a survivor (providing an additional opportunity to build the worker's skills and knowledge around working with complex trauma clients and so workforce capacity)



About the Redress Scheme

The National Redress Scheme is a response to recommendations of the Royal Commission into Institutional Responses to Child Sexual Abuse. Redress is about institutions being held accountable for the sexual abuse of children by acknowledging the harm caused and offering support to people who have experienced institutional child sexual abuse. The scheme will run for 10 years to the 30th of June 2028.

THE REDRESS SCHEME CAN PROVIDE THREE THINGS:

- Access to counselling and psychological care
- A direct personal response – such as an apology from the responsible institution for people who want it
- A monetary payment with payments to be determined according to the information provided

The National Redress Scheme is an alternative to seeking compensation through the courts – you can do one or the other, but not both.

Access to the Redress Scheme depends on the type of abuse a person experienced, where and when it happened, and a person's life now. People applying to the Redress Scheme may not have experienced sexual abuse as the sole abuse but may also have experienced other types of abuse. An institution must be responsible for the abuse; non-institutional abuse is not covered.



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HELPLINE
1300 657 380

How to contact us

If you experienced childhood trauma, or provide support to a person who has, you can contact specialist trauma counsellors on the Blue Knot Helpline every day Monday – Sunday between 9am – 5pm EST or via email helpline@blueknot.org.au

FOR

- Information
- Short-term phone counselling and support
- Face-to-face services (if available)

AND IN RELATION TO THE REDRESS SCHEME

- Information
- End-to-end redress application support (phone or video conferencing)
- Request for mentoring and support

Email: redress@blueknot.org.au

Web: www.blueknot.org.au